## Guidelines on Physical Education course (PE1, PE2, PE3) in 2023/2024 summer semester

PE1 – 30 hours - gym

- 1. Classes take place at Sport Hall AGH University of Krakow, Armii Krajowej 5A (U13).
- 2. The first class is an organization meeting (as scheduled) and will take place in the <u>new Sports Hall of AGH at Armii Krajowej 5A (U13).</u>
- 3. On the first class, it is only required to bring spare indoor **sports shoes**. More information regarding the course will be provided on site.

## PE2 - 15 hours - swimming pool

- 1. The first class is an organization meeting (as scheduled) and will take place in the <u>new Sports Hall of AGH at Armii Krajowej 5A (U13).</u>
- 2. On the first class, it is only required to bring spare indoor **sports shoes**. More information regarding the course will be provided on site.

PE3 - 15 hours - gym

- 1. Classes take place at Sport Hall AGH University of Krakow, Armii Krajowej 5A (U13).
- 2. The first class is an actual <u>practice</u> in the gym (as scheduled).
- 3. Before the first class, it is required to read carefully the regulations of AGH Department of Sport and Physical Education (SWFiS AGH) <a href="https://www.swfis.agh.edu.pl/regulamin-obiektu/">https://www.swfis.agh.edu.pl/regulamin-obiektu/</a>
- 4. As the classes begin promptly, it is recommended to arrive relatively early.
- 5. It is obligatory to change and wear sports clothes and indoor sports shoes during classes.
- 6. For sanitary reasons, it is recommended to bring own: towels to wipe commonly-used benches, mattresses, etc. and water to drink.