

Guidelines on Physical Education course (PE1, PE2, PE3) in 2022/2023 summer semester

PE1 – 30 hours - gym

1. Classes take place at AGH Department of Sport and Physical Education (SWFiS AGH), ul. Piastowska 26A.
2. **The first class is an organization meeting (as scheduled).**
3. On the first class, it is only required to bring spare indoor **sports shoes**. More information regarding the course will be provided on site.

PE2 – 15 hours – swimming pool

1. **The first class is an organization meeting (as scheduled) and** take place at AGH Department of Sport and Physical Education (SWFiS AGH), ul. Piastowska 26A.
2. On the first class, it is only required to bring spare indoor **sports shoes**. More information regarding the course will be provided on site.

PE3 – 15 hours - gym

1. Classes take place at AGH Department of Sport and Physical Education (SWFiS AGH), ul. Piastowska 26A.
2. **The first class is an actual practice in the gym (as scheduled).**
3. Before the first class, it is required to read carefully the regulations of AGH Department of Sport and Physical Education (SWFiS AGH) <https://www.swfis.agh.edu.pl/>
4. As the classes begin promptly, it is recommended to arrive relatively early.
5. **It is obligatory to change and wear sports clothes and indoor sports shoes during classes.**
6. For sanitary reasons, it is recommended to bring own towels to wipe commonly-used surfaces, e.g. benches, mattresses, free weights.